



Flu Fighters in...

# CLOSE ENCOUNTERS

OF THE GERMED KIND



## ***GROWN UPS INFO***

The **FREE** nasal spray is the best defence children have against flu.

Here are five great reasons why your child should join the Flu Fighters – and help defeat Chilly, Achy and Snotty and their fiendish friends...

- 1** The vaccine will help protect your child against flu and serious complications like bronchitis and pneumonia.
- 2** Vaccinating your child will help protect more vulnerable family members and your friends, too.
- 3** There's no nasty needles! The nasal spray is a quick squirt up the nose, nothing more – it's easy and painless.
- 4** It's better than having flu! The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record.
- 5** It can also save you money, because if your child gets flu, you might end up having to take time off work or arrange alternative childcare.

**Flu Fighters in...**

**CLOSE  
ENCOUNTERS  
OF THE GERMED KIND**

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Last year as you  
may recall...



They came from the  
Planet Bogey,  
a cold and lonely place,  
Full of bugs and grubs  
and germs and worms,  
far away in space.

Chilly, Achy and Snotty  
thought it would be easy  
to make young Earthlings  
feel all sniffly and sneezy.  
But our brave Flu Fighters  
and the fearless nurse  
sent them packing back  
across the universe!





Lord Fever was furious,  
he ranted and raved  
And demanded the victory  
he so craved.

The Flu Fighters  
soon heard about  
his dastardly plot

And vowed to show the  
invaders just what they  
had got.

Lord Fever gathered his  
troops and launched a  
second attack

But our heroic Flu Fighters  
gave them a good smack!



And now the story continues...



Summer is over, the cold winter will soon be here  
And so our flu nurse begins to gather up her gear.  
She's determined to keep Chilly, Achy and Snotty at bay  
And prepares for another battle with germs from far away.



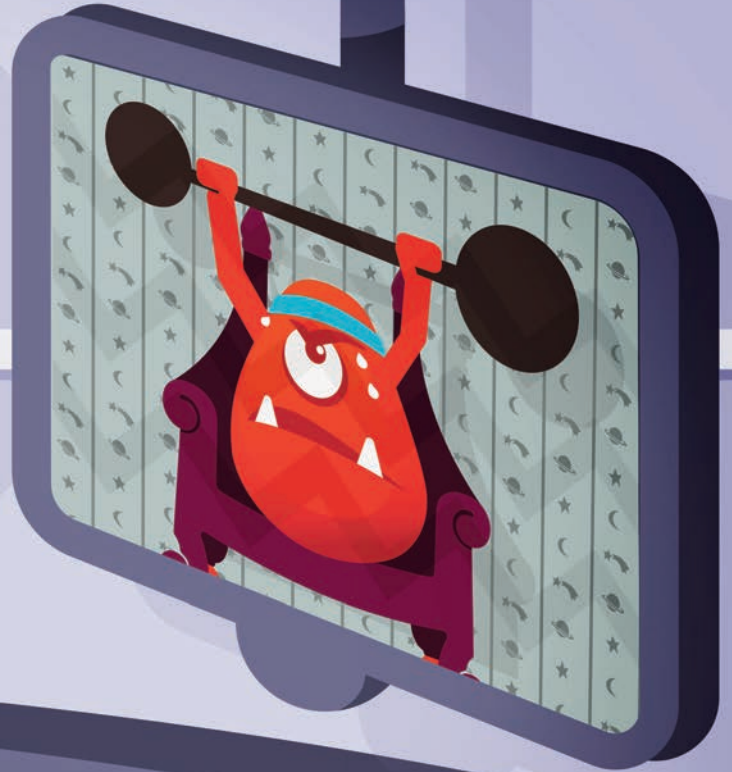


On the Planet Bogey, Lord Fever wakes from his snooze  
It's his favourite time of year, and for us that's bad news!  
His mission is simple: To make children feel yucky  
After two huge defeats, will it be third time lucky?



The flu nurse hopes not, but she can't afford to risk it  
The virus is awful and makes people horribly sick.  
So she comes up with a plan to save us from the flu  
And to stop everyone feeling so terribly blue.





Using her super power camera she scans the cosmos  
And very soon zooms in on the fearsome alien boss.  
What she sees gives her a terrible fright...  
Lord Fever is clearly up for a fight!



He's gathered his hordes, there's even more than ever  
Though luckily they don't look all that clever!  
Even so, the invasion might just be the biggest yet  
And the Flu Fighters will need to give as good as they get.



The nurse sounds the alarm and she leaps into action  
There's not a second to lose, not even a fraction!  
She rounds up the gang; Daniel, Raj and Amy  
And says, "Quick, you better be coming with me!"

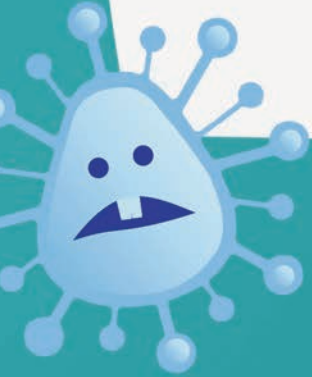






Last year was a shambles, you made me look a dope!  
But this time we'll do it, at least that's what I hope!  
I've strengthened our army, please welcome Sergeant Queasy  
Yes, I'm sure it's going to be easy peasy!

If kids miss their free vaccine, they won't be protected  
By the time we leave, they'll be horribly infected!  
We'll make them splutter and sneeze and feel really bad  
We'll make them shake and shiver and be very sad!





In her top-secret base in the heart of the city  
The nurse gathers the children and sings them a ditty...  
“The fiends have mutated and want to give you the flu,  
“But a quick squirt up your nose will stop them, it’s true!



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“It only takes a second and you won’t feel a thing,  
“And just think of all the special powers it will bring!”  
“You’re now protected, you’re safe from the flu,  
“Please tell all your friends to form a nice queue!”



Back on Planet Bogey the hoards clamber aboard  
Thousands of rocket ships, watched by their Lord.  
He sets the destination to our city  
And orders his troops to show us no pity!



FLU FIGHTERS



FLU FIGHTERS



The call has gone out and the kids turn up in force  
Why? For the chance to become Flu Fighters, of course!  
The nurse vaccinates each child, one by one  
And as quick as a flash, everyone is done.

But it's not just the spray, there's so much more we can do  
To keep each other safe and to protect me and you...

It's also important to wash your hands really well,  
With soap and warm water, or with a drop of hand gel.

From palm to palm and the back of your hands  
You'll get rave reviews and plenty of fans.

Then clean your thumb and around each finger  
To make sure there are no bugs left to linger.

By doing this for 20 seconds more often  
Like me, you'll become a Top Handwashing Boffin!





**Bubble up with your palms together...**



**Then wash the backs of both hands...**



**In between all your fingers...**



**And the backs of your fingers too...**



**Don't forget your thumbs!**



**Now just your finger tips and you're done!**



The more people who are protected, the safer we'll all be  
So there's something else that we need to do that will be key.  
And that's to encourage grown-ups to get their flu jabs  
Mums and dads, aunties and uncles and nannies and gramps!





Shields form around our heroes through which nothing can sneak  
Everyone's a Flu Fighter, with powers at their peak!  
Then something amazing happens – their shields merge into a giant dome  
Covering the city and protecting each person and every home.



The evil armada has set sail and is heading our way  
Lord Fever is confident today will finally be his day!  
But what is this he sees when Earth comes into view?  
A strange forcefield his army will have to get through...



“So you think you can stop us?” Lord Fever taunts his prey  
"Smashing up your puny defences will be child's play!"  
He orders the hoard: “Fire your cannons! Destroy their shield!”  
But the forcefield is super strong; it simply won't yield.



Wave after wave of slimy aliens attack  
And time after time the shield forces them back.  
“They’ll never get through,” shouts our nurse with delight  
As the battle rages on into the night.





One of the missiles hits the shield and bounces back  
It heads straight for Lord Fever and gives him a whack!  
“Oh woe is me, will I ever infect those meddlesome kids?  
“Trying to defeat the Flu Fighters really is the pits!”



With the aliens sent packing for another year  
Our band of brave heroes give each other a loud cheer.  
The spray has protected them and kept the germs at bay  
A quick squirt up the nose has once again saved the day!



## ***GROWN UPS INFO***

The **FREE** flu nasal spray is offered to all children in Reception, Year 1, Year 2, Year 3, Year 4, Year 5, Year 6 and Year 7.

It is also available to all children aged two and three, and children with some long-term health conditions, through their GP.

Most children will receive the free spray at their school. If your child misses this, they can receive their free spray at special catch-up clinics.

For more information, including details of catch-up clinics, please visit [www.wolverhampton.gov.uk/flufighters](http://www.wolverhampton.gov.uk/flufighters)

For more information about the flu vaccine, please visit [www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)

Getting flu is horrible;  
it can cause:

- a fever
- a blocked nose
- sore throat
- aches
- and tiredness.

In the most serious cases, it can  
cause bronchitis and pneumonia.

The **FREE** nasal spray is the best  
defence children have against flu.  
It's free, safe and painless too!

Get the vaccine  
and become a  
Flu Fighter like us!

[www.wolverhampton.gov.uk/  
flufighters](http://www.wolverhampton.gov.uk/flufighters)



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